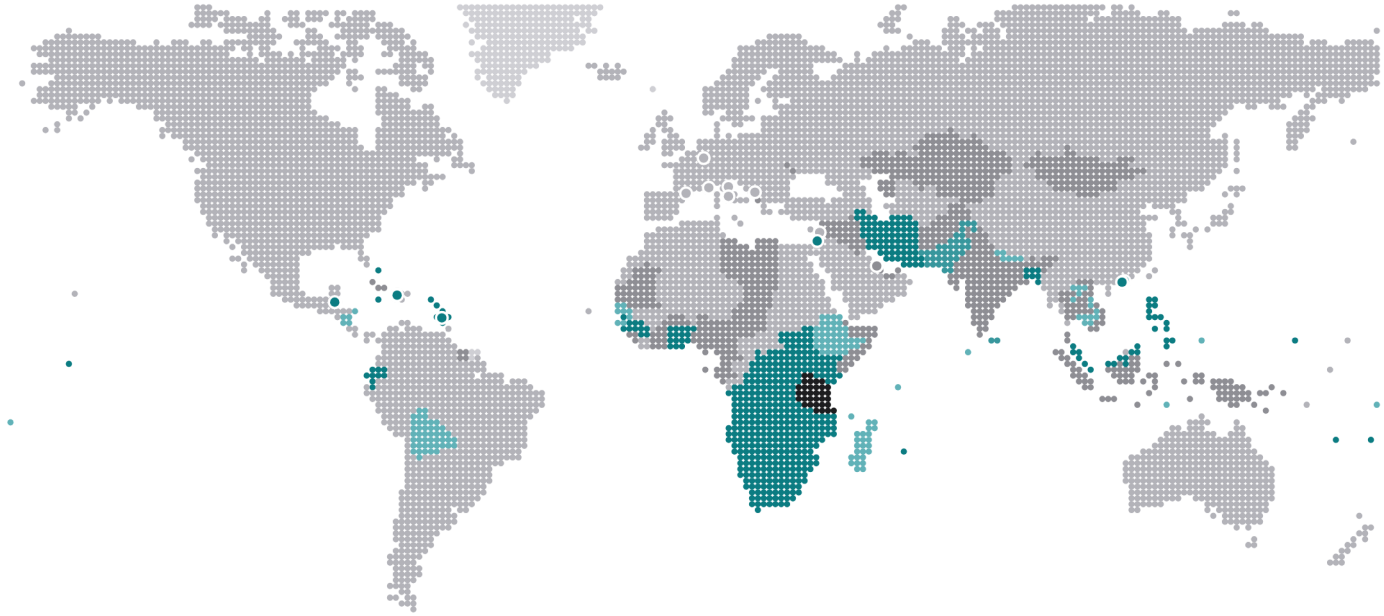
Tanzania passport

Rank 124 of 198

64

destinations without a visa before travel



Visa-free **46** · Electronic travel authorisation **2** · Visa on arrival **16** · eVisa **33** · Visa required **100**

Visa-free 46

The passport alone is enough.

Angola	30 days
Antigua and Barbuda	180 days
Bahamas	90 days
Bangladesh	90 days
Barbados	180 days
Belize	
Benin	90 days
Botswana	90 days
Burundi	90 days
DR Congo	
Dominica	180 days
Ecuador	90 days
Eswatini	30 days
Fiji	120 days
Gambia	90 days
Ghana	90 days
Grenada	90 days
Guinea	
Haiti	90 days
Hong Kong	90 days
Iran	15 days
Jamaica	
Kenya	90 days
Kiribati	30 days
Lesotho	90 days
Macao	90 days
Malawi	90 days
Malaysia	30 days
Mauritius	90 days
Micronesia	30 days
Mozambique	90 days
Namibia	90 days
Palestine	

The Palestinian Authority does not require a visa. Entry is through land crossings controlled by Israel, whose own entry rules apply at the crossing.

- Philippines 30 days
- Rwanda 180 days
- Saint Kitts and Nevis 90 days
- Saint Lucia 42 days
- Saint Vincent and the Grenadines 30 days
- Singapore 30 days
- South Africa 90 days
- South Sudan
- Togo 30 days
  No visa for African nationals. Fill in the online immigration form on voyage.gouv.tg at least 24 hours before arrival.
- Uganda 90 days
- Vanuatu 30 days
- Zambia 30 days
- Zimbabwe 90 days

Electronic travel authorisation 2

A short online form before the flight, for nationalities that do not need a visa.

- Pakistan
- Sri Lanka 30 days

Visa on arrival 16

The visa is issued at the border on arrival.

- Bolivia 90 days
- Cambodia 30 days
- Comoros
- Ethiopia 90 days
- Guinea-Bissau 90 days
- Laos 30 days
- Madagascar 90 days
- Maldives 30 days
- Nepal 90 days
- Nicaragua 30 days
- Palau 30 days
- Samoa 60 days
- Senegal 90 days
- Seychelles 90 days
- Timor-Leste 30 days
- Tuvalu 30 days

eVisa 33

A visa applied for online before travel. It is still a visa, so it is not in the score.

- Afghanistan 30 days
- Albania
- Bahrain
- Bhutan 90 days
- Burkina Faso 30 days
- Cameroon
- Chad
- Cuba 90 days
- Côte d'Ivoire
- Djibouti 31 days
- Equatorial Guinea
- Gabon
- India 60 days
- Indonesia
- Iraq
- Kazakhstan
- Kyrgyzstan
- Libya
- Mauritania 90 days
- Moldova
- Mongolia 30 days
- Nigeria
- Papua New Guinea
- Qatar
- Sierra Leone
- Somalia 30 days
- Suriname
- Syria
- São Tomé and Príncipe 15 days
- Tajikistan 45 days
- Thailand
  Visa applied for online through the Thai e-Visa system before travel.
- United Arab Emirates
- Vietnam

Visa required 100

A visa or an entry approval arranged before travel, through an embassy, a consulate or the destination's authorities.

- Algeria
- Andorra
- Argentina

- Armenia
- Australia
- Austria
- Azerbaijan
- Belarus
- Belgium
- Bosnia and Herzegovina
- Brazil
- Brunei
- Bulgaria
- Cabo Verde

  On Cabo Verde's prior-visa list (in force since 1 January 2026): the visa must be obtained before arrival. Holders of a valid residence permit from a European Union country, the United Kingdom, Switzerland, Iceland, Liechtenstein, San Marino, the Vatican, Brazil, Canada or the United States are outside this rule.
- Canada
- Central African Republic
- Chile
- China
- Colombia
- Costa Rica
- Croatia
- Cyprus
- Czechia
- Denmark
- Dominican Republic
- Egypt
- El Salvador
- Eritrea
- Estonia
- Finland
- France
- Georgia
- Germany
- Greece
- Guatemala
- Guyana
- Honduras
- Hungary
- Iceland
- Ireland
- Italy
- Japan
- Jordan
- Kosovo
- Kuwait
- Latvia
- Lebanon
- Liberia
- Liechtenstein
- Lithuania
- Luxembourg
- Mali
- Malta
- Marshall Islands
- Mexico
- Monaco
- Montenegro
- Morocco
- Myanmar
- Nauru
- Netherlands
- New Zealand
- Niger
- North Korea
- North Macedonia
- Norway
- Oman
- Panama
- Paraguay
- Peru
- Poland
- Portugal
- Republic of the Congo
- Romania
- Russia
- San Marino
- Saudi Arabia
- Serbia
- Slovakia
- Slovenia
- Solomon Islands
- South Korea
- Spain
- Sudan
- Sweden
- Switzerland
- Taiwan
- Tonga
- Trinidad and Tobago
- Tunisia
- Turkmenistan
- Türkiye
- Ukraine
- United Kingdom
- United States
- Uruguay
- Uzbekistan
- Vatican City
- Venezuela
- Yemen

Grouped by how holders of this passport enter. A tick means the rule was checked on the destination's own official site.

The information on this site is general guidance, not legal or tax advice, and programmes can change at short notice. Every application is subject to government approval and due diligence. Each page shows the date its figures were last checked against official sources.